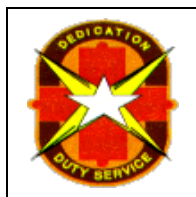


**Postdoctoral Fellowship  
Training Programs  
In  
Clinical Health Psychology  
Clinical Neuropsychology  
Child/Pediatric Psychology  
Trauma, Risk, & Resiliency**



**Brooke Army Medical Center  
Fort Sam Houston  
San Antonio, Texas  
(October 2008)**



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## About BAMC & SAMMC

Brooke Army Medical Center (BAMC) is the Army's second largest medical center, is located on Fort Sam Houston, a military facility within the city of San Antonio, Texas. BAMC is a 450 bed medical center and teaching hospital that supports the Great Plains Regional Medical Command (GPRMC). BAMC provides services to a local catchment area that includes nearly 200,000 active duty soldiers, their family members, National Guard and reserve components, and retirees. In addition, BAMC provides specialty care that is unavailable at the smaller Army community hospitals in the Great Plains region, which includes 14 states and Panama.

BAMC houses the nationally known Institute of Surgical Research (BAMC Burn Unit), Center for the Intrepid (Amputee Center), level one trauma care, and 58 specialty clinics. BAMC's status as a regional referral center for patients with the most complex and challenging illnesses supports the high quality of its 24 graduate medical education programs. The current BAMC physical facility opened to patient care in 1996 and is a state-of-the-art medical facility.

In 2005, the Department of Defense mandated base realignments and closures (BRAC) that are currently being implemented within the San Antonio military community. BRAC recommended the consolidation of Brooke Army Medical Center (BAMC) and Wilford Hall Medical Center (WHMC) into one medical facility with two integrated campuses known as San Antonio Military Medical Center (SAMMC). BRAC guidelines mandate that this integration will be completed by 2011.

Wilford Hall Medical Center (WHMC), considered the Air Force's flagship medical center, is located on Lackland Air Force Base, also in San Antonio. Brooke Army Medical Center will be known as SAMMC-North and Wilford Hall Medical Center will be known as SAMMC-South.

SAMMC will not be a consortium, but one integrated medical center with two locations. Travel between the two facilities takes about 20 minutes by automobile, depending on traffic conditions. As the consolidation of SAMMC continues, the North campus will become the inpatient tertiary care center providing all inpatient care as well as all trauma and emergency medical care. The North campus will also be the home of the Joint Center of Excellence for Battlefield Health and Trauma Research. This institution will integrate all of the combat casualty care research missions and functions from each service into a multi-faceted synergistic center with a clinical foundation. The North campus will also provide outpatient care. The SAMMC-south location will be exclusively an outpatient care facility.

### **IMPORTANT NOTE:**

**All Fellowships are civilian programs. Although set in a military medical center, Fellows are not active duty service members and are under no obligation to join the military upon completion of the Fellowship. However, a common goal of all of the Fellowship programs is to provide training in the specialty area to work as civilian psychologists within a Department of Defense medical treatment facility, caring for military service members and their families.**

# Fellowship in Clinical Health Psychology

**Program Description:** The Postdoctoral Fellowship in Clinical Health Psychology at Brooke Army Medical Center (BAMC) is an intensive training program designed to assist psychologists in acquiring advanced competencies and specialized training skills in clinical health psychology. The training curriculum provides an integrated program of study, using a practitioner-scholar model. The mission of the Clinical Health Psychology Fellowship is to provide advanced clinical and didactic training to support clinical excellence in health psychology through:

- Providing a foundation in evidenced-based practice with medical patients,
- Working to identify, respect and nurture the unique attributes of the Fellow,
- Fostering leadership through mentorship and practice.

The overall aims of the program are to: (1) to provide training towards the development of specific skills relating to the unique application of Clinical Health Psychology within a military medical treatment facility, caring for service members and their families; (2) to prepare clinical psychologists for independent clinical health psychology practice at an advanced competency level; and (3) to provide training in a professional development model that is consistent with ABPP standards for clinical health psychology, which include:

- Two years of full-time health psychology practice in the areas of assessment, conceptualization, communication, intervention, and professional and ethical conduct supervised by licensed health psychologists.
- Experience in supervision and teaching health psychology principles to trainees (interns and practicum students).
- Respect for issues of diversity.
- Professional development as evidenced by continuing professional education and membership and participation in professional psychological organizations.

**Training settings:** The Clinical Health Fellowship provides services at both BAMC and Wilford Hall Medical Center (WHMC). Fellows will see patients in both settings. For the first year, the Fellow will occupy an office in the Family Medicine Service which is a large, 50-provider primary care clinic. For the second year, Fellows create an individually tailored year of experience within one or more specialty clinics at BAMC or WHMC. Fellows are given training experiences in several specialty clinics during the first year, in order to familiarize themselves with their options for the second year of the program. Every effort is made to match Fellows with their population of interest. Fellows rotate through a number of clinics that provide services to active duty military members, their adult family members, military retirees and their family members. This is a diverse population with members from every ethnic group and geographic area in the US; Fellows can expect to see both male and female patients.

**Training experiences:** The Clinical Health Psychology Fellowship offers opportunities for Fellows to become integrated into multidisciplinary treatment teams and provide short term evidenced-based individual and group assessment and treatment to patients with a variety of medical disorders. Case conceptualization and treatment-planning are developed from a

biopsychosocial model that examines the impact of medical conditions and treatments on the psychological functioning and well-being of patients. Fellows provide consultation to other providers on a variety of clinical issues, including chronic disease management, treatment adherence, and mood and anxiety disorders triggered by a medical diagnosis.

Fellows also become actively involved in supervision and training, providing formal and informal didactics to the providers of other disciplines on their team, while increasingly acting as the subject matter expert in health psychology. Fellows provide supervision to practicum students or interns, as well as didactic training on specific areas of practice, such as psychological services to primary care patients, or to patients seen in a specialty clinic, e.g., GI disorders, chronic pain issues, or cardiac disease sequelae.

During the first year, Fellows complete a short rotation with the Consultation and Liaison Service (BAMC Psychiatry). Fellows shadow their supervisor for evening and weekend on-call in the first year, but will be expected to perform these duties independently (with supervisor back-up) in the second year. In the second year, Fellows are required to develop a research project that demonstrates the application of science in the practice of health psychology. Options include a research project that collects original data, evaluation of an existing program, or implementation of a new behavioral health program in a primary care or specialty clinic.

**Faculty:** The Clinical Health core faculty consists of 5 health psychologists who are all embedded in specialty clinics: Pain, Cardiology, Hematology/Oncology and Primary Care. The Fellowship Director is a cardiac psychologist with 8 years experience in the field. All faculty members have considerable experience in their specialty fields. The BAMC Department of Behavioral Medicine supports an APA-accredited internship, as well as several other postdoctoral Fellowships. Many psychologists in these other training programs are also involved in didactic training. Numerous opportunities for joint training and professional socialization are therefore offered.

**Stipend and benefits:** Fellows are term Government Service (GS) federal employees and will be eligible for federal benefits. The first year Fellow is paid at the GS-11 level. The second year Fellow will be paid at the GS12 level, if licensed and determined to be in good standing.

**Qualifications:** Applicants must be U.S. citizens. Applicants must be from an APA-accredited graduate program and have completed an APA-accredited internship. Applicants must have completed all requirements for graduation before starting the Fellowship.

**Accreditation:** The Fellowship is not APA-accredited but will submit an application for APA-accreditation in Winter 2008. For information on the accreditation status of this program, contact APA Commission on Accreditation at 202-336-5979; Mail: American Psychological Association, 750 First Street, N. E., Washington, DC. 20002-4242; Email [APAAccred@apa.org](mailto:APAAccred@apa.org).

**Applications:** For further information, refer to “Application Procedures” on page 17.

- To contact the Fellowship Director: Phone (210) 916-6772; FAX (210) 916-4040.

# Fellowship in Clinical Neuropsychology

**Program Description:** The Clinical Neuropsychology Fellowship at Brooke Army Medical Center (BAMC) is a new program, which accepted its first Neuropsychology Fellow in July 2008. The Fellowship is a two-year, full-time program. The goals of the BAMC Postdoctoral Residency Training Program in Clinical Neuropsychology are to provide clinical, didactic, research, and academic training in order to produce an advanced level of competence in the specialty of neuropsychology; to complete the education and training necessary for independent practice in the specialty; to prepare the Fellow for eligibility for board certification in Clinical Neuropsychology by the American Board of Professional Psychology; to develop specific skills relating to the unique applications of clinical neuropsychology in the military environment.

The major objectives of training are the development of advanced competencies in: knowledge of brain-behavior relationships, the practice of clinical neuropsychology, neuropsychological assessment, neuropsychological intervention, neuropsychological research, teaching and supervision in clinical neuropsychology, neuropsychological consultation, and applications of neuropsychology to the military setting. The program adheres to guidelines from the Association of Postdoctoral Programs in Clinical Neuropsychology (APPCN). The program follows a scientist-practitioner model. At least 50% of the Fellow's time is spent in clinical service, at least 10% in clinical research, and at least 10% in educational activities.

**Training Settings:** The Neuropsychology Service has patient care locations at both BAMC and Wilford Hall Medical Center (WHMC). Fellows will see patients at both BAMC and WHMC.

**Rotations:** The Fellowship consists of three major rotations, each one approximately eight (8) months in length. For the first rotation, the Fellow will conduct neuropsychological evaluations with adult and geriatric patients through the Neuropsychology Service. The patient population consists of both men and women, but is predominantly male. A wide range of ethnic groups is represented. The majority of the patient population will consist of active duty service members between the ages of 18-50. However there will be opportunities to work with active duty service members ages 50 and older, as well as retirees and dependents over age 55. The Fellowship will not include direct clinical work with children and early adolescents. Traumatic brain injury is the most frequently occurring diagnosis, but Fellows will also see patients with a wide range of diagnoses, to include tumor, stroke, meningitis, dementia, seizure disorder, and psychiatric diagnoses. The Fellow will also see patients from the BAMC Burn Unit. During the second rotation, the Fellow will be assigned to the BAMC Traumatic Brain Injury Team, and will work within a therapeutic milieu. The TBI Team sees patients ranging from those with mild concussion to severe TBI. The TBI Team serves patients injured in combat, and many also have a diagnosis of PTSD. The Fellow will work in an integrated program that provides cognitive evaluation and rehabilitation, TBI education, and treatment for co-morbid psychological diagnoses. For the third and final rotation, the Fellow will return to the Neuropsychology Service and complete neuropsychological evaluations.



**Faculty:** The neuropsychology core faculty consists of four supervisors. The Fellowship Fellowship Director and one of the supervisors are both board-certified in Clinical Neuropsychology by the American Board of Professional Psychology. The other two supervisors are fellowship-trained. There are two adjunct faculty supervisors – an Air Force neuropsychologist, and a Defense and Veterans Brain Injury Center neuropsychologist. The BAMC Department of Behavioral Medicine (DBM) also supports an APA-accredited internship, as well as several postdoctoral Fellowships. There are over 20 additional psychologists on the DBM staff who are involved with the various training programs. Joint training and professional socialization opportunities improve the quality of all of the programs.

**Didactics:** Fellows attend weekly Neurosciences Grand Rounds at the University of Texas Health Science Center, a weekly VTC reading and case conference seminar sponsored by Walter Reed Army Medical Center, a monthly Neuroradiology Grand Rounds, and a monthly Neuropsychology Grand Rounds sponsored by the San Antonio VA. Fellows will be expected to complete the NAN online Neuroanatomy course. Typically Fellows are also sponsored for one national neuropsychology conference per year, although funding for this may vary. The program also invites one Distinguished Visiting Professor per year for the Neuropsychology Fellowship, typically a nationally known neuropsychologist. In addition, the Graduate Fellows may be offered the option to take a 7-week Neuroanatomy course at the UTHSC.

**Research Requirement:** Fellows are expected to design and carry out an original research project and to submit the project as a poster or publication.

**Stipend and benefits:** Fellows are term Government Service (GS) federal employees and will be eligible for federal benefits. The first year Fellow is paid at the GS-11 level. The second year Fellow will be paid at the GS12 level, if licensed and determined to be in good standing.

**Qualifications:** Applicants must be U.S. citizens. Applicants must be from an APA-accredited graduate program and have completed an APA-accredited internship. Applicants must have completed all requirements for graduation before starting the Fellowship.

**Accreditation Status:** The Fellowship is not currently APA-accredited. The Fellowship plans to submit an application for APA-accreditation in the fall of 2008. For information concerning the accreditation status of this program, please contact the Commission on Accreditation of the American Psychological Association: Telephone 202-336-5979, at the American Psychological Association, 750 First Street, N. E., Washington, DC. 20002-4242; email [APAAccred@apa.org](mailto:APAAccred@apa.org).

**Application:** The Fellowship is applying to APPCN in the fall of 2008 and plans to participate in the spring 2009 match. A representative of the program will be available for interview at the winter 2009 conference of the International Neuropsychological Society.

- For further information, refer to “Application Procedures” on page 17.
- To contact the Fellowship Director: Phone (210) 292-2730; Fax (210) 292-5077.

# Fellowship in Child Pediatric Psychology

**Program Description:** The Child/Pediatric Psychology Fellowship at Brooke Army Medical Center (BAMC) is an intensive training program designed to prepare psychologists in acquiring advanced competencies and specialized training skills in Clinical Child/Pediatric Psychology. The training curriculum provides an integrated program of study, using a practitioner-scholar model. Didactic instruction, seminars, case conferences, grand rounds, workshops, national conferences and supervised clinical, instructional and administrative practice are the modalities for training. The programs prepare Fellows with a foundation in evidence-based practice with children and adolescents. The programs' overarching goals are to prepare clinical child and pediatric psychologists for independent practice at an advanced competency level. The programs prepare Fellows to practice within the military medical setting in order to direct, develop and implement clinical programs in the area of their specialty, as well as to conduct research, educate, consult and collaborate with other healthcare professionals.

**Training settings:** The Child/Pediatric Psychology Fellowship provides services at both Brooke Army Medical Center (BAMC) and Wilford Hall Medical Center (WHMC). Fellows will see patients in both settings. For the first year, the Fellow will occupy an office in the Department of Pediatrics at Brooke Army Medical Center. For the second year, the Fellow will occupy an office at Wilford Hall Medical Center in the Department of Behavioral Medicine. Staff and supervisors are co-located at both hospitals.

**Training Experiences:** The Fellowship is divided into two years with Year I providing the foundation and development of skills required to advance to Year II. The first year focuses on clinical child psychology practice, with consideration of the importance of developmental issues in the understanding and treatment of infants, young children and adolescents. The second year focuses on pediatric psychology, with an emphasis on working with medically ill children, children with acute and chronic conditions, developmental delays and children with genetic disorders. Collaboration and treatment of families is also included in both training years. Opportunities to supervise pre-doctoral interns or practicum students are included in the training experience.

## **Year I - Training experiences include:**

- Training in working with children ages 0 to 22 years old.
- Interventions including individual, family and group therapy; short-term treatments; developing and implementing behavioral treatment plans; play therapy; cognitive behavioral treatment protocols; habit reversal; hypnosis; and groups
- Exposure and experience with evidence-based treatment protocols for treatment of a variety of disorders including but limited to encopresis, enuresis, trichotillomania, obsessive-compulsive disorder, separation anxiety disorder, phobias, depression, attention-deficit/hyperactivity disorder and self-injury.
- Treatment of children and parent(s) who have had a loved one deployed, injured, or killed in Operation Iraqi Freedom or Operation Enduring Freedom.



- Opportunity to work with families with on the Burn Unit (ISR).
- A yearlong rotation in the Pediatric Department's Well Baby Clinic where the Fellow will perform infant/developmental screenings.
- Participation in multidisciplinary Developmental Clinic designed to evaluate children suspected of pervasive developmental disorders such as Autism and Aspergers syndrome.
- Leading a Parent-Training Group
- Psychological Testing with infants, children and adolescents

**Year II - Training experiences include:**

- Consultation Liaison services provided to children on the Pediatric Medical Floor, Pediatric Intensive Care Unit and Neonatal Intensive Care Unit.
- Participation in the multidisciplinary Pediatric Diabetes Team, the Pediatric Hematology-Oncology Clinic, and the Pediatric Cystic Fibrosis Clinic.
- Participation with the multidisciplinary Feeding Team
- Experience with the Pediatric NICU and follow-up NICU/Preemie Clinic
- Experience with families on the Bone Marrow Transplant Unit
- Clinical training and experience in the behavioral health management of pediatric illnesses such as asthma, irritable bowel syndrome, headache, elimination disorders, sleep disorders, habit disorders such as Trichotillomania and tics, and other behaviors of childhood.
- Extensive experience with children with acute and chronic medical conditions, such as asthma, irritable bowel syndrome, headaches/migraines, pain conditions and many more.
- Experience in working with children with genetic disorders and their families.
- Extensive experience with children with Elimination Disorders such as Encopresis and Enuresis.
- Consultation and treatment of adolescents in a school-based clinic located on Fort Sam Houston.
- Psychological Testing with infants, children and adolescents

**Didactics:** Many didactic opportunities are available to fellows throughout the training year. Thursdays are typically reserved for required seminars and case conferences. Other training opportunities will be scheduled and available throughout the year. In addition, fellows may be able to attend workshops offered by training programs from Wilford Hall Medical Center or the South Texas Veteran's Health Care System. Fellows participate in the "Advanced Topics – Child Specialty Training Seminar" which focuses on topics relevant to the specialty of Clinical Child and Pediatric Psychology. The emphasis is on exposure to and mastery of evidenced based treatment across a wide spectrum of childhood mental health disorders and treatment of children with medical disorders.

**Faculty:** The Child and Adolescent Psychology Service (CAPS) within the Department of Behavioral Medicine provides the training setting for the Child/Pediatric Psychology Fellowship Program. The CAPS core faculty consists of 3 full time and 2 half-time child psychologists who are co-located at both Brooke Army Medical Center and Wilford Hall Medical Center. All faculty members have specialized Child Clinical and/or Pediatric Psychology training. The BAMC

Department of Behavioral Medicine supports an APA-accredited internship, as well as several other postdoctoral Fellowships. Many psychologists in these other training programs are also involved in didactic training. Numerous opportunities for joint training and professional socialization are therefore offered.

**Supervision:** Each Fellow is assigned two supervisors during each year of the 2-year training program. The Fellowship Director generally serves as the primary supervisor throughout the two-year experience. A new second supervisor is assigned for each year of training. All supervisors are licensed psychologists. Fellows receive a minimum of 2 hours per week of individual supervision. Two additional hours of group supervision is also available through the Hypnosis and Supervision Seminars. Informal supervision is also provided on the wards and clinics in which the fellows are working by physicians and other specialists.

**Stipend and benefits:** Fellows are term Government Service (GS) federal employees and will be eligible for federal benefits. The first year Fellow is paid at the GS-11 level. The second year Fellow will be paid at the GS12 level, if licensed and determined to be in good standing.

**Qualifications:** Applicants must be U.S. citizens. Applicants must be from an APA-accredited graduate program and have completed an APA-accredited internship. Applicants must have completed all requirements for graduation before starting the Fellowship.

**Accreditation Status:** The Fellowship is not currently APA-accredited. The Fellowship plans to submit an application for APA-accreditation in the fall of 2008. For information concerning the accreditation status of this program, please contact the Commission on Accreditation of the American Psychological Association: Telephone 202-336-5979, at the American Psychological Association, 750 First Street, N. E., Washington, DC. 20002-4242; email [APAAccred@apa.org](mailto:APAAccred@apa.org).

**Applications:** For further information, refer to “Application Procedures” on page 17.

- To contact the Fellowship Director: Phone (210) 292-2730; Fax (210) 292-5077.

# Fellowship in Trauma, Risk, & Resiliency

**Training model and philosophy:** The BAMC Postdoctoral Fellowship in Trauma, Risk, and Resiliency (TRR) is guided by the scientist-practitioner model. The program offers expanded clinical training and research opportunities with diverse populations, with special emphasis on active duty military, military retirees, and family members. The intent of this Fellowship is to provide advanced clinical training associated with reduction of adverse biopsychosocial outcomes of trauma. The Fellowship emphasizes the psychological, psychiatric and social factors associated with prevention, management and recovery from trauma. Best clinical practices are supported by clinical research to promote optimization and advancement of the three essential concentrations: resilience enhancement, risk management, and trauma care.

The training program consists of a Fellowship Director, Primary Supervisors, Mentors, and Site Supervisors. The Fellowship Director maintains primary responsibility for the TRR Fellowship including administration, recruitment and program evaluation. The Primary Supervisors function in the two focal areas: Clinical Practice and Clinical Research. The roles of Mentors and Site Supervisors are outlined below. Fellows are encouraged and expected to actively participate in the development of their training plans.

**Primary Supervision:** Each Fellow is assigned two Primary Supervisors, one for the Clinical Practice domain and the other for the Clinical Research domain, for the duration of the 2-year training program. Primary Supervisors (PS) are principally responsible for the design, implementation, and performance evaluation of the Fellow's training experiences. PS will meet weekly to review and explore the Fellow's progress and development. PS provide oral feedback monthly and written summary feedback quarterly. A semi-annual and annual progress evaluation are reviewed with Fellows and commentary documented before submission to the TRR Fellowship Director. Fellows may also receive supervision from sites that are used to develop focal skills and knowledge. PS coordinate on-site supervision

**Mentorship:** The TRR Fellowship recognizes the importance of professional development and addresses this in part through a mentoring program designed to enhance clinical acumen and develop clinical research skills. Each Fellow is required to maintain a journal during the course of their experience to document special interests/concerns, novel circumstances, and issues related to their ongoing professional development. Mentorship will occur bi-weekly with the goal of offering ways to stimulate and integrate the Fellow's development. Mentors do not function as part of the evaluative system and the content of mentorship remains privileged except in circumstances of consent or identification of reasonable risk to Fellow or Program by Mentor. In the case of programmatic risk, the Mentor is required to first seek Fellow's permission to release information. If this fails, the Mentor will only release the minimal information needed to allow for risk mitigation.

Professional development is also addressed through participation in supervision, training, and joint didactics with DBM post-doctoral psychology Fellows.

**Site Supervisors:** Site Supervisors have the responsibility for providing advanced clinical or clinical research skills and knowledge in accordance with the Fellow's approved training. Site Supervisors maintain principal case or research responsibility.

**Fellowship Experience:** The TRR Fellowship is divided into two phases. Year I is focused on providing the foundation and development of advanced clinical skills and knowledge required to procure independent professional status as a health care provider. Some of these clinical experiences involve assignments to specific clinics and/or other departments within the hospital or other treatment facilities. By the end of Year I, Fellows will be able to demonstrate advanced clinical skills in treatments for posttraumatic stress reactions and management of psychological factors associated with trauma. Fellows will work in a variety of practice settings where they will receive advanced training in Prolonged Exposure Therapy and Continuous Processing, and participate in clinical research using these treatment modalities. Fellows may also elect to train in other treatment areas such as the use of virtual reality exposure therapy, the reduction of secondary trauma for children of wounded service members, special applications in primary prevention, consultation, and/ or rehabilitation issues.

The emphasis during Year II is on research. The Fellow will be asked to demonstrate mastery in the following areas:

- Display knowledge and skills associated with grant procurement and management;
- Design, implement or conduct clinical research supporting trauma and resiliency;
- Promote advancement of the scientific community's awareness of Psychological Resilience and Recovery through publications and presentations; and,
- Demonstrate capacity to conduct Psychological Resilience and Recovery Program Evaluation.

**NOTE:** Fellows will be expected to identify research topics by the middle to the end of Year I.

**Performance Expectations:** The following rating categories refer to the TRR Fellowship Table. By the completion of Year I, Fellows will be required to maintain advanced skills and knowledge reflected in composite rating average using the 4-point system RIME system (Reporter=1, Interpreter =2, Manager=3, Educator=4), with the following expectations:

- An average rating of  $\geq 3.5$  for Core Skill 1 (Clinical Skills) and Core Knowledge 1 (Clinical Knowledge) 1;
- A rating level  $\geq 3.35$  for Core Skill 2 (Consultation and Training Skills) and Core Knowledge 2 (Consultation and Training Knowledge); and
- A rating level  $\geq 2.5$  for Core Skill 3 (Clinical Research Skills) and Core Knowledge 3 (Clinical Research Knowledge).

Successful completion of the TRR Residency requires that Fellows attain a final rating to be a minimum of 3.5 on each of the three Core Skills and Core Knowledge areas.

**TRR Associated Factors:** The TRR Fellowship includes special challenges such as a diverse population, multi-disciplinary care planning, and the potential delivery of services to a population under marked distress. As a result, organizational and management skills are necessary for addressing both clinical and research demands. Therefore, in addition to the acquisition of Core Skills and Knowledge, Fellows will also be evaluated on TRR Associated Factors (AF) that are judged to influence their effectiveness as advanced practitioners. These include interpersonal skills; ethical judgment; cultural sensitivity and diversity; effectiveness within military, research and academic environments; and supervision/management skills. These factors will be promoted through supervision, mentoring, readings and didactics.

**Additional Notes:**

- TRR Fellows are required to participate in weekly TRR didactics that include focal clinical and clinical research topics as well as in joint didactics shared by all Department of Behavioral Medicine Fellows.
- TRR Fellows are required to complete after-hours on-call in compliance with Department of Behavioral Medicine schedule. Year I Fellows will go on call with their Supervisor, and Year II Fellows will manage call independently with Supervisor back-up.
- Fellows must be U.S. citizens. Fellows are term Government Service (GS) federal employees and will be eligible for federal benefits. The first year Fellow is paid at the GS-11 level. The second year Fellow will be paid at the GS12 level, if licensed and determined to be in good standing.
- TRR Fellows participate in relevant extramural training or professional associations.

**TRR Fellowship Table**

<u>Core Skills</u>	<u>Core Knowledge</u>
<b>Clinical Skills</b> Trauma-related intervention Risk Management Resilience Promotion	<b>Clinical Knowledge</b> Trauma Mediation Risk Management Resilience Promotion
<b>Consultation and Training Skills</b> Case-Related Consultation/ Training Risk Management Consultation/ Training Community-Related Consultation/ Training	<b>Consultation and Training Knowledge</b> Case-Related Consultation/ Knowledge Risk Management Consultation/ Knowledge Community-Related Consultation/ Knowledge
<b>Clinical Research Skills</b> Clinical Research Design Data Collection and Data Management Clinical Research Writing	<b>Clinical Research Knowledge</b> Clinical Research Ethics Clinical Research Resources Clinical Research Regulatory Processes

**Applications:** For further information, refer to “Application Procedures” on page 17.

- To contact the Fellowship Director: Phone (210) 292-2730; Fax (210) 292-5077.

## DBM Didactics

The Department of Behavioral Medicine (DBM) at BAMC offers many didactic opportunities throughout both years of training. Thursdays are typically reserved for required seminars and case conferences. Other training opportunities will be scheduled and available throughout the year. In addition, we have embarked on a joint collaborative training venture with Wilford Hall Medical Center (WHMC) and the South Texas Veteran's Health Care System. Fellows are encouraged to participate in training opportunities offered through this joint collaboration.

**Hypnosis Seminar:** The Hypnosis Seminar addresses the utilization of hypnosis as a therapeutic intervention. Fellows will be introduced to a variety of induction, deepening and alerting techniques. Fellows are encouraged to bring clinical cases for group consultation and discussion.

**Joint Didactics Seminar:** This seminar addresses a number of clinical and professional practice issues related to both clinical skills and professional development. Topics include program evaluation, ethics, cultural diversity, pain management, professional development, preparation for psychology licensure, and other topics relevant to all Fellowship tracks.

**Supervision Seminar:** The Supervision Seminar offers a combination of didactic training on clinical supervision, as well as group discussion of specific supervisory experiences. All discussions are held confidential as the seminar is led by a faculty member who is not involved in other aspects of the Fellows' training.

**Case Conference:** Case conferences will be arranged within each Department Service, giving Fellows the opportunity to further develop their clinical and case presentation skills. Case conference seminars include a combination of advanced instruction/consultation on a variety of clinical interventions, and trainee/staff presentations of interesting or challenging treatment cases. Presentations should include a brief discussion of the relevant scientific literature and any medication, ethical, legal, or diversity issues raised by the case.

**Distinguished Visitor Series:** Throughout the training year, workshops on various topics are presented by notable researchers and clinicians in their respective fields of psychology. These workshops are typically one to two days in length, and attendance is required. The following is a partial list of distinguished visiting professionals who have offered training in the recent past:

- MMPI-2 – Dr. Roger Greene
- Suicidal Patients – Dr. David Rudd
- PAI – Dr. Leslie Morey
- Hypnosis Training – Dr. Gary Elkins
- CBT/Supervision – Dr. Van Den Broek
- ACT Training – Dr. Kirk Strosahl
- Multicultural Training – Dr. Jessica Henderson Daniel
- Prolonged Exposure – Drs. Edna Foa & David Riggs

Fellows may also attend DVP presentations at WHMC and at the Audie Murphy VA Hospital.



## Evaluation Procedures

The BAMC Fellowship programs are using a new competency rating form based on non-numeric **R** (reporter), **I** (interpreter), **M** (manager) and **E** (educator) rating model of medical training evaluation. This developmental rating process is based on the assumption that Fellows already have well established competencies at the “Reporter” and “Interpreter” levels, will enter their training programs at the “Manager” level of competence, and will graduate from the two-year Fellowship at the level of “Educator”. Further information on this evaluation process follows.

### Explanation of Rating Key (R-I-M-E)

**R = "Reporter"** Reliability and competence in the collection and communication of clinical information, specifically emphasizing the reliability, honesty, and professional qualities that are required in psychological interviewing, assessments, oral presentation, note writing, follow through on assigned tasks and working with patients and clinic personnel. Mastery in this step requires the basic skill to do an assessment and the basic knowledge to know what to look for. Implicit in the step is the ability to recognize normal from abnormal and the confidence to identify and label a new problem.

**I = "Interpreter"** Additional attributes that build on those seen in the reporter. Involves functions of independent, critical thinking in consideration of clinical data and diagnostic hypotheses. The interpreter is an active participant in the management of the patient. The interpreter must prioritize among problems identified in their assessment of the patient, offer differential diagnoses, and apply test results to specific patients.

**M = "Manager"** This step involves applying knowledge, confidence and judgment in deciding when action needs to be taken, and to propose and select among options for patients. A key element is to tailor the plan to the particular patient’s circumstances and preferences. Managers have improved interpersonal skills, including educating patients. Managers demonstrate reliable technical proficiency in performing assessments, interventions and consultations. *Fellows should be performing at this level at the beginning of Year 1.*

**E = "Educator"** Success in each prior step depends on self-directed learning, and on a mastery of basics. To be an "educator" in our framework means to go beyond the required basics, to read deeply, and to share new learning with others. Defining important questions to research in more depth takes insight. Being self-directed and having the drive to look for hard evidence on which clinical practice can be based, and having the skill to know whether the evidence will stand up to scrutiny are qualities of an advanced trainee; to share leadership in educating the team (and even the faculty) takes maturity and confidence. *Fellows are expected to achieve an Educator Level on all competency areas by the end of two years of postdoctoral training.*

**U = Unsatisfactory** This rating does not represent a competence level, but is given in the rare case in which the Fellow is performing a task unsatisfactorily at the end of a rotation. Remedial action to include a remediation plan will be taken and will include input from the Fellow.

## Stipend & Benefits

Fellows are term Government Service (GS) federal employees.

The first year Fellow is paid at the GS-11 level.

The second year Fellow will be paid at the GS12 level, if licensed and determined to be in good standing.

Please contact the respective Fellowship Director for more specific salary information.

Or, for additional information on GS rates of remuneration:

<http://www.opm.gov/oca/08TABLES/>

BAMC also provides health care (medical, dental, and vision) as well as all other benefits offered to term federal employees, to include generous annual vacation and sick leave, and federal holidays. Fellows will also be eligible for enrollment in the G.S. pension and employee/employer-funded retirement savings plan.

## Qualifications

Applicants must be U.S. citizens.

Applicants are also expected to meet the following criteria in order to be eligible for consideration:

- Applicants must have attended an APA-accredited graduate institution;
- Applicants must have completed an APA-accredited internship; and,
- Applicants must have completed all requirements for graduation from their academic institution before starting the Fellowship.

**Preference will be given to applications meeting the above criteria.**

**Any offer for Fellowship is contingent upon achieving all requirements for graduation prior to the start of the Fellowship.**

## Application Procedures

**The United States government is a non-discriminatory, affirmative action employer. Federal law prohibits discrimination on the basis of age, sex, race, creed, color, religion, handicap or national origin.**

**All Fellowships are civilian programs. Although the setting is a military medical center, Fellows are under no obligation to join the military upon completion of training.**

- There is no formal application form for any of the Fellowship programs.
- Application materials may be submitted directly to the Fellowship Director of the Fellowship track, or to the Chair, Psychology Training Programs.
- Applications will be accepted until the Fellowship vacancy is filled.
- Applicants must send the following materials to the address listed below:
  - A letter of interest
  - A copy of official transcripts (including undergraduate for Clinical Health)
  - Graduate transcripts listing courses, grades and degrees
  - A curriculum vita
  - Three sealed letters of recommendation

Send the above to:

Fellowship Director  
Name of Fellowship Program  
Dept. of Behavioral Medicine  
Brooke Army Medical Center  
Building 3600  
3851 Roger Brooke Drive  
Fort Sam Houston, TX, 78234

For further information about each Fellowship program, please contact the respective Fellowship Directors:

- Clinical Health Psychology – Phone: (210) 916-6772; FAX: (210) 916-4040.
- Clinical Neuropsychology – Phone: (210) 292-2730; Fax: (210) 292-5077.
- Child Pediatric Psychology – Phone: (210) 292-2730; Fax: (210) 292-5077.
- Trauma, Risk & Resiliency – Phone: (210) 292-2730; Fax: (210) 292-5077.

Or contact the Program Coordinator, Department of Behavioral Medicine -  
Phone: (210) 292-4194; Fax: (210) 292-5077.

# Information about the San Antonio area

<i>Places to Stay</i>	<i>Things to do</i>
<p>1. Holiday Inn Northeast 3855 IH-35 North Phone: (210) 226-4361 (Located one block south of BAMC on the frontage road)</p> <p>2. Best Western 11939 IH35 North Phone: (210) 599-0999 (Located about 10 miles north of BAMC)</p> <p>3. Roadway Inn 9603 IH35 North Phone: (210) 655-2120 (Located about 5 miles north of BAMC)</p> <p>4. Day's Inn Northside 11202 IH35 North Phone: (210) 655-4311 (Located about 5 miles north of BAMC)</p> <p>5. Drury Inn North East 8300 IH35 North Phone: (210) 654-1144 (Located about 4 miles north of BAMC)</p> <p>6. La Quinta 12822 IH35 North Phone: (210) 657-5500 (Located about 8 miles North of BAMC)</p> 	<p><b>San Antonio Area Attractions:</b></p> <p>The Alamo The Riverwalk The Texas Hill Country San Antonio Zoo Institute of Texan Cultures Witte Museum San Antonio Museum of Art Johnson Space Center (Houston)</p>  <p><b>Theme Parks:</b></p> <p>Sea World of Texas Six Flags' Fiesta Texas Schlitterbaun Water Park</p> <p><b>Restaurants:</b></p> <p>Texas Barbecue Authentic Mexican and Tex-Mex Authentic Mexican cuisine</p>  <p><b>Sports:</b></p> <p>San Antonio Spurs (NBA basketball) Alamo bowl (College football bowl game) Iguanas (hockey) Missions (Class AA Texas league baseball) Lots of outdoor tennis courts</p> <p><b>Shopping:</b></p> <p>Shops at La Cantera; Alamo Quarry Market; North Star Mall; The Forum at Olympia Parkway; San Marcos (45 minutes drive)</p> <p><b>Within driving distance:</b></p> <div>  <p>Mexico Austin Guene Houston</p>  </div>

# Map of San Antonio

